

Kid-friendly
Highly nutritious
Weekendfood Bags



#### **LEARN MORE**

Call Good Samaritan Ministries at
325-643-2273
OFFICE HOURS:
Monday and Wednesday
1 p.m. to 5 p.m.
Tuesday, Thursday, Friday
9 a.m. to 1 p.m.
Follow us on Social Media

# FOOD for THOUGHT

Feeding Our Future

#### WHY THIS CHILD

Does this child?

- Have extreme hunger on Monday morning?
- Save/hoard/steal food to eat or take home?
- Quickly eat all of the food served and ask for more?
- Comment about not having enough food to eat at home?
- Linger around for or ask for second helpings?
- Regularly ask the teacher for food?
- Have other life circumstances that necessitate program referral?

**HOW IT WORKS** 

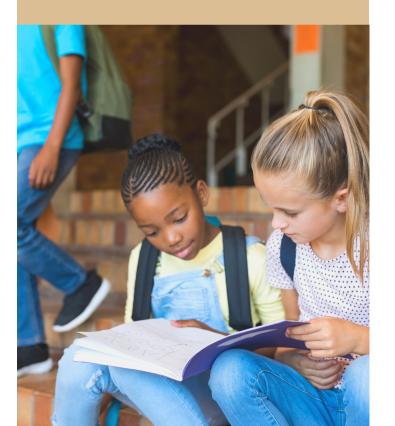
The Site Coordinator on each campus works with teachers and staff members to identify students who might qualify for the weekend food assistance.

Bags of food are sent home by Friday with qualifying students.

The Site Coordinator strives to be sure that a student receives his or her food as discreetly as possible so not to embarrass the child.

All student information is kept confidential.

Research has shown that good nutrition helps kids do better in school. Better grades can lead to better job opportunities.



### WHAT'S IN THE BAG

Each bag contains approximately 60% of a child's weekend nutritional needs.
Items commonly included are:
Proteins (Beef Stix, Meat kits)
Whole grain cereals
Shelf stable milk
Juice boxes
Pudding cups
Peanut butter crackers
Fruit bars
All are easy to open and require no cooking or refrigeration.

## WHO TO CONTACT

Most Brown County campuses
participate in the Food for Thought
Program. Contact your child's
campus to find out the name of the
Site Coordinator. Good Samaritan
Ministries can also help you with this
information.

